

WELCOME TO

***Alnarps
Agroecology
Farm's***

***Veggie box - CSA
scheme 2025***





Who are we ?

Alnarp's Agroecology Farm is a non-profit organization with a farm located on SLU Alnarp's campus. The project was launched in early 2021 and with our third successful season behind us, we come back this year with even more enthusiasm and love for what we do. We provide local residents and students with a fresh supply of diverse vegetables with the aim to be accessible to everyone. We are also an educational project that welcomes anyone who wants to learn about sustainable food production and agroecology.

What is CSA ?

Community Supported Agriculture (CSA) is an alternative model to the dominant form of global production and consumption. CSA is about connecting producers with consumers directly, allowing people to eat local and seasonal food as well as cutting out "the middleman" so that more of the profits go to the producer.

Through CSA, consumers receive better quality produce for a better price, and producers are not subjected to competing with cheap imported produce and losing out to retailers' profit margins. CSA schemes also imply that consumers accept the risks that come with farming - if there are storms, pest invasions, or other unforeseen misfortunes, a fair compromise is made between producer and consumer through honest and direct dialogue, but it also means, in great seasons the CSA members receive the surplus produce.



Why our CSA?

By signing up for our scheme, you will receive local and seasonal vegetables, grown without artificial chemicals & fertilizers. We produce on EU organic-certified land and our techniques are *beyond organic*. You are also supporting us in enhancing the local environmental sustainability, building community, and sharing our knowledge with everyone who wants to learn more about agroecology.

What's in store this season ?

This season's CSA will run for **20 weeks (week 23 - week 42)**. During these weeks, we will bring you a wide variety of produce with a few exciting surprises thrown in along the way. Our vegetables are not like the ones you find at your supermarket - we have carefully selected organic and heirloom varieties which are guaranteed to make your cooking more exciting.


We offer a **one-size vegetable box enough for 3-4 people**. The boxes will contain a selection of **6-8+ different vegetables** every week.

This year we also offer **flower subscriptions**, which can be chosen separately or as add-on to the vegetable subscription. A flower subscription entails a weekly carefully selected bouquet of 15+ stems.

Additionally, all members get a **20% discount on our farmers market** if you want to top off your box. We will host our market on Saturdays throughout the season.

Solidarity shares

On top of our regular pricing, we offer a discounted rate for students/low-income members. However, there is only a limited amount of shares available at this price. To open up more student/low-income share, we offer solidarity shares



as of this year. Buying a solidarity share allows us to open up another student/low-income share without limiting our ability to run the season. In practice this means the price difference between a regular share and a student/low-income share is carried by the solidarity shareholder.

Pricing

Student/low-income price plan

Vegetable box (20 weeks): **5120 SEK** incl. VAT (256 kr/week)

Flower subscription (16 weeks): **2000 SEK** incl. VAT (125kr/week)

Vegetable + flower subscription: **7120 SEK** incl. VAT

Regular price plan

Vegetable box (20 weeks): **6400 SEK** incl. VAT (320 kr/week)

Flower subscription (16 weeks): **2400 SEK** incl. VAT (150kr/week)

Vegetable + flower subscription: **8800 SEK** incl. VAT

Solidarity price plan

Vegetable box (20 weeks): **7680 SEK** incl. VAT (384 kr/week)

Flower subscription (16 weeks): **2960 SEK** incl. VAT (185kr/week)

Vegetable + flower subscription: **10640 SEK** incl. VAT

There is the option to pay in two installments for those who need to split up the payments, though we encourage paying the full amount upfront if possible.

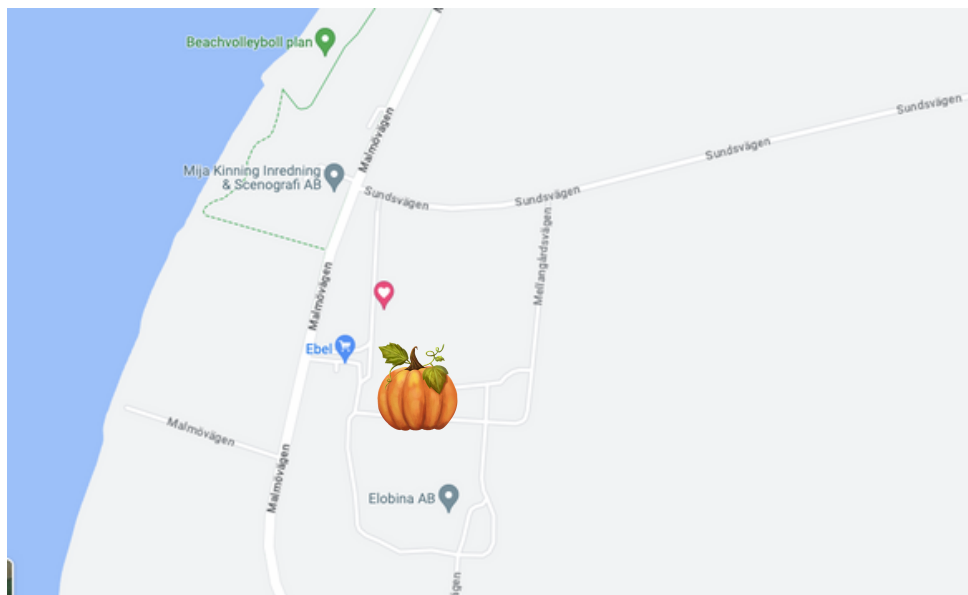
Our prices were decided by comparing the prices of organic supermarket vegetables & other market gardeners in Sweden. It goes without saying that we aim to provide higher quality and a larger variety than you would find in the store, plus additional environmental and social benefits.

Pick-up information

Compared to previous years, we will have multiple options for pick-up this year.

The first alternative will be **pick-up at the farm**, every **Monday** between **16:30 and 17:00**, with **markets on Saturdays** to top-up your box if needed. If you arrive after 17:00, we will no longer be there but we will leave your vegetables out for you.

The address of the farm is **Malmövägen 3-5a Lomma**. Pick-up is by the field, **indicated with the pumpkin**. Please approach from Sundsvägen. There are a few parking spaces at the farm, but of course, we encourage you to come by bike if possible.



Additionally, in Lund, we will have a pick-up on **Mondays**. Pick-up in **Lund** will be announced soon(close to the center) from **16:30 to 17:00**.

In **Malmö** there will be a pickup on **Mondays and Thursdays**. the pick-up location for Mondays will be at **Navet**, Segepark (Tekl Thomassongata 15) from **17:30 to 18:15**. On Thursdays there will be an extra pick-up possibility in Ecolivs **Malmö** (Ronnebygatan 1A) (**17:15 - 18:00**).

For pick-up in both **Lund & Malmö** it is important that you come within the given time frame. If you miss the pick-up there is no more possibility for us to deliver your vegetables and/or flowers.



Sharing a share

We encourage customers to “*share a share*” if the box is too big for your household or if you want to share the responsibility of coming every week. **You can sign up with a friend and alternate/share pick-ups between you.**

Please provide us with both names at the beginning of the season, so we know who your better half is ;) We remind you to organize yourselves well so that boxes aren't missed.

Find the "**Share a share Forum**" on our website

Important disclaimer

It is part of the natural cycle that at the beginning of the season the shares will be a bit smaller, but don't worry! You will be more than compensated for this in the summer months, including luscious heirloom tomatoes, cucumbers & all the bountiful summer vegetables.

Where do I sign up ?

Through our sign-up form on our website:

<https://www.alnarpsfarm.se/csa>

To avoid missing out, sign up quickly as **subscriptions are limited!**

New schedule !

DAYS

Mondays

Thursdays

Saturday

LOCATION

CSA pick-up @ the **Farm, Lund & Malmö**

CSA pick-up @ **Malmö**

Farmers market with discount